

JADE Buddha



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Kids All Niter

Saturday May 27th

Always BIGGER and BETTER than the last one...this all niter is going to be a BLAST.

Sensei has ordered in some cool new gear just in time. There are new padded swords and shields that look so cool.

There is a cost to this night, please check with Sensei or see the bulletin board and sign-up soon!

Kyu Belt Grading

Saturday June 10th

For those of you who are getting ready for the next level this is your target date.

For you Mudancha, this is your pre grading. The Black Belt grading is fast approaching.

It's go time!



Seminar 2002

Sensei Platt Seminar

May 18th 7:00pm

The sign-up sheet is on the bulletin board. Get your name on there, this is a very rare opportunity to train with Sensei Platt in the Beach. The last seminar was in 2002!!

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A common mistake for people is that they believe they will have more time tomorrow to do what they want today.

SENSEI'S NOTE

Excellent Job on the Parade this year guys, you really looked good out there. It was the perfect day for it, nice and warm, the sun was shining and we had a pretty good turn out, although the adult representation was a little skinny, the kids made up for it. Rogers got some Great TV coverage of the parade and our group, especially Levi and Sam's bo futari, they really light it up for the camera. At the front of our group was the banner carried by Jordan and Steph, then it was Mr. Tisdall and the kids who were a huge crowd pleasers with their basics, kata and jump kicks. The Tai Chi class was made up of Mr. Edwards, Miss Kortright, Mike, Val and Ravi who were all very smooth, and of course Ravi got on TV again so we will all hear about that for another year, that guy is always getting the glory shots, it must be his good looks or something. Behind them it was Sempai Titus, Mr. Farmer and their boys, Shanta and the Grasshoppers representing the weapons division, they were thrilling everyone with their skills, and Martial Arts prowess of handling the ancient weapons, their forms, and two person drills were very exciting. Ending off the group was a sword demonstration by Sensei Dixon Sensei DeQuetteville (*Japanese sword - Iaido*) and Jackie (*Chinese sword Chen*) and lastly the flag was carried and shared by many kids, one in particular was Patrick, he did a fantastic job, lots of enthusiasm waving it high and proud with a big smile, I think he was even spinning it like a bo at one point, where did he learn that, awesome! Well done everyone and thank you for your support.

TRAINING TIP

Sensei Platt will be coming to the Dojo for a Seminar May the 18th Thursday night at 7:00pm. Many many things will be covered that night, from Ba Gwa to special ways to lock someone up and take them down as well as how the sun and moon effect the biorythems of the dense low vibrating carbon units, and he has been saving a special story about his last adventure in Central America. Always a great time, so make sure to put the May 18 on your calendar and get to the seminar. This is probably a good idea for any Mudancha.



GRADING RESULTS

for March 4th 2006

Kids Karate

Yellow Belt

Milo Hanshchak
Maiji Eisen
Everett Major
Chenille St. Amour
Quinn Bray
Zack Marshall

Orange Belt

Mark Frame
Joshua Limpert
Julia Borenstein
Elijah Thomas
Erik Segriff
Lara Tomori

Red Belt

Connor Allemes
Riga Jyaltsan
Marie Khan
Aron Tomori
Patrick Redburn

Green Belt

Stephen Chang
Eric Pervin
Ismael Khan

Purple Belt

Ryan He

Adult Karate

Yellow Belt

Alex Lofthouse

Orange Belt

Scott Logan

Weapons Yellow Belt

Vidan Zivic

Mudansha Kobudo

Shanta Nathwani
Rod Bathany

"Follow the path of the light, but don't fear the dark because that is where the stars are."

EVENTS CALENDAR

May 2006

- 18 -Sensei Platt Seminar
- 27 -Kids all niter
- 27 -Burlington Dragon Boat
Charity Race
& Karate Demo

June 2006

- 10 - Pre-Black Belt Grading
- 10 - Kyu Belt Grading
- 24 - CMAC Camp
- 25 - CMAC Black Belt Grading

Nenriki

The practice of nenriki combine's man's highest mental and spiritual levels, which in turn heighten his physical abilities to their maximum.



The ancient art of finger knitting relates to the "Three Mysteries" of Buddhism, body, mind and speech. These "Mudras" are physical symbolic postures of the body or hands. Each posture will relate to a certain word or concept, and when combined with the proper "Mantra" or word tonation there is a desired effect.



Mudancha

What is this Mudancha all about?

The Mudancha is that pre - Black Belt time when the student is tested on a daily basis, put through the ringer as it were, for about three months. This is to weed out the weak and to prepare the determined for the main event. The Mudancha or no rank is a testing time to see who are worthy of the next rank. Not all tests are physical and overt, some are subtle, they are the tricky ones. Keep in mind that a student is graded from the day they join and it is not uncommon for people to loss sight of the goal even when it is right in front of them. Last words of advice "Dig In!"

"To live with honour is to be in reality what you appear to be."

Poor Misguided Youths

I really didn't want to put this in the newsletter for a few reasons, like, it's disgusting, disappointing, stupid, immature and this newsletter goes on the website and is read by people all over the world, not to mention your parents!

The other day some people were talking about the sad shape of the girls washroom the last few Mondays and Thursdays. We are talking about things that should go down the bowl being spread on the walls and floor, classy. Who does that kind of thing? I don't have to clean the washrooms so I was not aware of this disgusting behavior until then so I have decided to lock the washrooms during the kids classes and there is to be no entry, if you need a washroom go home or someplace else but not in this building, that also means don't use the stairway. PIGS!

If this is an inconvenience realize this is what happens to people who do stupid things. Cause and effect. Sadly everyone pays for the few people who don't

know how to behave. The more stupid things you do the less privileges you have, simple. Unfortunately these things happen but that is the price we pay for the absence of common sense, self respect, pride, dignity, honour, courtesy, and the total lack of being responsible for ones actions due to the fact that we have no way to discipline the youth of today. Thank

"Having respect for other peoples things is for your own protection, health and well being."

God for the young offenders act, and the "don't spank your kids" politically correctness, as well as the school system where the teacher have very little power to discipline the kids. It has spawned a behavior that makes it hard to control the children. On a positive note it has made the reason for training so much more relevant, kids needs direction and what better place to find it than in a dojo. But I also have limitation and will tolerate insubordination only so long before certain actions are taken. Some of the teens have been warned directly that certain behavior will not be permitted and the repercussion is permanent dismissal.

Having respect for other peoples things is for your own protection, health and well being. As you reach adulthood people tend to be less forgiving and express there unhappiness in physical ways, leading to jail time or worse, from violent behavior. I have seen it happen time and time again, kids all want respect but fail to give it first. It's like we owe it to you or something well we don't! In life you get what you give but you have to give it first. If you want people to be nice to you - you have to be nice first, ease down on the attitude.

Lastly for the parents, take an interest in what your kids are up too, they are the future. We live in interesting times with lots of things for everyone to deal with. Have patience and compassion, but don't let them walk all over you, be firm when you need to be and lead by example. One day you may need them to look after you. How's that for a scary thought.

